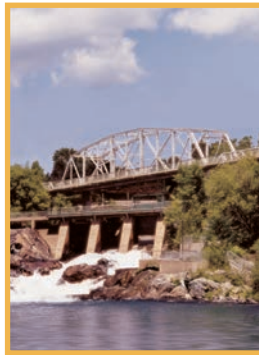


## HISTORY OF RENE M. CAISSE, RN

In 1922, a patient spoke to Nurse Rene M. Caisse of a Canadian Ojibwa Indian herbal formula. Nurse Caisse prepared her original herbal formula into a drink she named **ESSIAC**, which is her name spelled backwards.



From 1922 to 1978, Nurse Rene M. Caisse lived in Bracebridge, Ontario, Canada. She ran her clinic on Dominion Street from 1934 to 1942 and continued to give **ESSIAC** to people until the late 1970's. Although she refused payments for her services, she accepted donations to help support her clinic.

Today, **ESSIAC** Canada International is the only company to have Nurse Rene M. Caisse's original proprietary **ESSIAC** formula.

Bronze statues of Nurse Caisse can be found in Bracebridge and at the Canadian College of naturopathic Medicine in Toronto in recognition of her work. **ESSIAC** has withstood the test of time and is distributed worldwide.



## PROPRIETARY HERBAL FORMULA

**ESSIAC** is a proprietary herbal formula trusted worldwide since 1922. Look for the following features on our product labels (powder, extract and capsules) to ensure that you are using Nurse Rene Caisse's original **ESSIAC** formula.

Rene Caisse's photo and authorized signature on the box and bottles is your guarantee of the original herbal formula made only in Canada.



Look for the **ESSIAC** Logo and registered trademark®.

### BEWARE OF COUNTERFEITS!

Ask for it by name. Look for our labels!

**ESSIAC** Canada Int'l Inc.

## CONTACT US

HEALTH PRODUCTS INC.

TOLL FREE 1-888-900-2299  
Tel: 514-695-2299 Fax: 514-695-2287

EMAIL: [altramed@netrover.com](mailto:altramed@netrover.com)

[www.essiac-canada-intl.com](http://www.essiac-canada-intl.com)  
[www.essiac-resperin.com](http://www.essiac-resperin.com) [www.tru-pinebarkextract.com](http://www.tru-pinebarkextract.com)

COPYRIGHT © 2011 ALTRAMED® HEALTH PRODUCTS INC. / ALL RIGHTS RESERVED.

FROM RENE M. CAISSE, RN

Proprietary Herbal Formula Made Only in Canada  
**Since 1922**



- Immune System Support\*
- Gluten Free
- Approved for Sale by Health Canada
- Exported Worldwide
- cGMP Compliance

## DIETARY SUPPLEMENT

\* THE PRODUCT STATEMENTS MADE HEREIN HAVE NOT BEEN EVALUATED BY THE FDA. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT DISEASE.

## ESSIAC® HERBS

### BURDOCK ROOT (*Arctium Lappa*)



Used traditionally to help reduce mucus, maintain a healthy gastrointestinal tract, stimulate a healthy immune response, serves as a diuretic for waste retention, and sweat out toxins through the skin.

### SLIPPERY ELM BARK (*Ulmus Fulva*)



Contains large amounts of tannins and mucilages which are believed to help dissolve mucus deposits in tissue, glands, and nerve channels. The inner bark is rich in calcium, magnesium, and vitamins (A,B,C,K).

### SHEEP SORREL LEAVES (*Rumex Acetosella*)



Used in traditional folk herbalism to cool the body, create sweating and detoxification through the skin. This herb is useful in maintaining healthy kidneys and urinary functions. It is rich in vitamins and trace minerals and is thought to nourish the glandular system.

### INDIAN RHUBARB ROOT (*Rheum Officinale*)



Used traditionally in small amounts, this herb acts as a gentle laxative and helps purge the liver of toxic buildup and waste.

# ORIGINAL CANADIAN FORMULA

Regular users should consider following the suggested amounts below to ensure that a consistent regime is followed. For prolonged use, it is suggested to contact a health care professional. Please follow cautions as indicated on the product label.



## VEGETABLE CAPSULES

60 capsules - 500mg (.017 oz.)



### Maximum Suggested Use:

Amount: 4 capsules  
twice daily

**ESSIAC** Required:

1 bottle per week

### Minimum Suggested Use:

Amount: 2 capsules twice daily

**ESSIAC** Required:

1 bottle every 2 weeks

### Advantages:

- More concentrated than the Powder and Extract formulas
- Stays fresh longer than the Powder and Extract formulas, once opened
- Convenient pill form (ideal for travel)
- Does not contain alcohol

## EXTRACT

300ml (10.5 fl.oz.)



### Maximum Suggested Use:

Amount: 4 teaspoons  
(20 ml) twice daily

**ESSIAC** Required:

1 bottle per week

### Minimum Suggested Use:

Amount: 2 teaspoons (10 ml)  
twice daily

**ESSIAC** Required:

1 bottle every 2 weeks

### Advantages:

- No preparation required (ready to use)

## POWDER

42.5 g (1.5 oz.)



### Maximum

### Suggested Use:

Amount: 4 ounces  
(120 ml) twice daily

**ESSIAC** Required:

1 box per week

### Minimum Suggested Use:

Amount: 2 ounces (60 ml) twice daily

**ESSIAC** Required:

1 box every 2 weeks

### Use for the Remaining Sediment:

Add a small amount of white petroleum jelly to the remaining sediment; apply to the body and cover with gauze.

## TRU-PINE™ PINE BARK EXTRACT

You may also want to consider using **TRU-PINE™** in addition to **ESSIAC**. **TRU-PINE™** is a Canadian Pine Bark Extract formula which is an antioxidant that helps maintain healthy cells in the body.\*



\*THE PRODUCT STATEMENTS MADE HEREIN HAVE NOT BEEN EVALUATED BY THE FDA. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT DISEASE.